



NEW COVID19 STUDENT GUIDELINES & CHECKLIST

- Students may arrive no more than 10mins early to classes
- Students must be collected promptly after classes
- All students must wash hands on entry and departure and sanitize in classes
- Foot wear must be worn in all classes
- Dance tights for females must be worn in all classes
- Bring a drink bottle, towel and own yoga mat for stretch classes – please place a name on all these items
- Bags must be taken into the class and placed in designated area
- Students should arrive dressed with hair done to classes
- Dinner breaks are encouraged outside the studio
- Encourage children to go to the bathroom before class at home
- No sharing of personal equipment , ipads, phones, water bottles etc
- Avoid touching face, surfaces where possible
- Covering sneezes and coughs
- Social distancing rules apply
- Only teachers and students are permitted to enter the building
- Reception will be closed and no food is available for purchase
- If you are showing any signs or symptoms of COVID-19 novel coronavirus you will not be permitted to attend

classes until a medical certificate is provided. Signs and symptoms COVID-19 novel coronavirus include:

- fever
- coughing
- sore throat
- fatigue
- shortness of breath.